

# SRH in Kenya: Adolescent Perspectives

Report by HAI and Faith to Action Network | [Download](#)

Adolescents in Kenya have long been excluded from conversations about their own health. They are also given limited decision-making power on the type of services and ways in which they are offered through the health system. This has dire consequences on the uptake of services and on the health of our young populations, which ultimately affects all domains of life in our society, including school, work, family and community.

This activity was undertaken by [Faith to Action Network](#) Kenya (F2A) and Health Action International (HAI) as part of the Solutions for Supporting Healthy Adolescents and Rights Protection (SHARP) programme, funded by the European Union. Twelve discussion leads, six men and six women, that were youths of 18+ years of age, received training on how to moderate and conduct group discussions. During the training the leads developed a list of questions to be asked during the group discussions. In total, eight group discussions of a maximum of one hour were held in Isiolo, Mandera, and Marsabit Counties in Kenya. The participants were a diverse group of six to eight adolescent girls or boys of 18-19 years of age. The discussion leads worked in pairs: A group discussion with boys was moderated by two male discussion leads, and a group discussion with girls by two female discussion leads. The group discussions were audio recorded and anonymised. Consent was sought from the participants before the activity. This report covers the group discussions of all three counties.

[Download the report](#) to find out more about the perspectives of adolescents on SRH in Kenya.